## March 2020

## Washington Township Middle Schools





Milk Choice

## **Available Daily:**

Assorted Hoagies, Assorted Wraps, Assorted Salads, Chicken Patty Sandwich
Assorted fresh fruits and vegetables available daily



Lunch Price: \$3.50 Paid, \$.40 Reduced

**Nutrition Tip:** March is National Nutrition Month! To celebrate try getting more creative in the kitchen and trying a new recipe or cuisine you haven't had before.

This institution is an equal opportunity provider

| - Garage and an amount from y   |   | The manual of the Abraham Abra |  |   |
|---|---|--|--|---|
| Monday  | Tuesday   | Wednesday ///  | Thursday   | Friday  |
| Breakfast Burrito Wrap With Sausage Hash Browns Apple Sauce Milk Choice                                     | Lasagna Roll Up with Dinner Roll Green Beans Pears Milk Choice                            | Cheeseburger Carrots Peaches Milk Choice   | Chicken Fajitas Onions and Peppers Black Beans and Rice Apple Slices Milk Choice       | Assorted Pizza Spinach Blueberries Milk Choice                |
| Italian Sampler with Sauce 9<br>(Mozzarella Sticks & Breade<br>Ravioli)<br>Green Beans<br>Pears Milk Choice | Cheesesteak Potato Wedges Peaches Milk Choice   | Pizza Crunchers Carrots Apple Slices Milk Choice   | Assorted Tacos Black Beans & Rice Mixed Fruit Cup Milk Choice                          | Assorted Pizza Broccoli Apple Sauce Milk Choice               |
| Popcorn Chicken & Roll<br>Carrots<br>Peaches<br>Milk Choice   | Cinnamon French Toast<br>Sticks with Sausage<br>Hash Brown<br>Apple Slices<br>Milk Choice | Quesadilla Pizza<br>Corn<br>Mixed Fruit Cup<br>Milk Choice   | Hot Ham and Cheese<br>On Pretzel Bun<br>Baked Beans<br>Pears<br>Milk Choice            | Assorted Pizza<br>Romaine Salad<br>Blueberries<br>Milk Choice |
| Pizza Bagel<br>Corn<br>Apple Slices<br>Milk Choice  | BBQ Pulled Pork Sandwich Baked Beans Mixed Fruit Cup Milk Choice                          | Roasted Chicken with Dinner Roll Mashed Potatoes Peaches Milk Choice   | Cheesy Breadsticks with<br>Marinara Sauce<br>Green Beans<br>Apple Sauce<br>Milk Choice | Assorted Pizza Spinach Blueberries Milk Choice                |
| Raviolis with Sauce and Roll Green Beans Pears  | Grilled Cheese<br>Tomato Soup<br>Peaches<br>Milk Choice                                   | One less thing to remember: PAYSCHOOLS CENTRAL can be set to automatically refill students accounts when they run low:   |  |   |

www.payschoolscentral.com